

Carry The Load/Carry The F.L.A.G.  
High School Curriculum

Carry The Load is a registered 501(c)(3) non-profit that seeks to provide an active way to honor and celebrate our nation's heroes by connecting Americans to the sacrifices made by Military, Law Enforcement, Firefighters and First Responders. The Carry the F.L.A.G. program was created to educate our nation's youth about the history of the United States Flag and the sacrifices made by our nation's heroes to honor it.

F.L.A.G. is an acronym for Fly, Lower And Gather.

The Carry The F.L.A.G. program consists of a sponsor/volunteer and a minimum of 25 students that commit to honor the Flag throughout the school year. The club will form teams with at least 5 students per team that will rotate throughout the school year taking responsibility of raising, lowering, and gathering the flag each day. The club will also meet once a month to explore the history of our flag and learn proper etiquette to raise, lower and gather the flag. Each student will complete the answers to five questions a month. The participating F.L.A.G. Club members will be quizzed on all 45 questions at the end of the school year and will be required to achieve a 90% grade on their test. At the end of the school year, successful active participants will be awarded the F.L.A.G. Club Citizenship award and a U.S. flag lapel pin.

Clubs may also choose from one of the following suggested activities:

**Educate Others**

Show others the proper way to honor our flag. Post on social media a picture or video of your team raising, lowering, or folding the Flag with #Carrytheflag

**Create Awareness**

Participate in National Moment of Remembrance on Memorial Day--At 3:00 p.m., pause for a moment of silence to honor those who have sacrificed for our country.

**Actively Honor our Heroes**

Carry The Load asks for Americans to simply do something in the month of May, and over Memorial Day weekend, to honor those who have sacrificed for us. Participants are encouraged to form teams to walk in respect for the fallen. Teams are also encouraged to fundraise to help further the mission of educating and creating awareness of the sacrifices our nation's heroes make for our freedom. There are four ways Americans can participate in Carry The Load events. They are National Relays, Memorial March Event, City Rallies and Carry It Home. Please click [here](http://www.carrytheload.org) or go to [www.carrytheload.org](http://www.carrytheload.org) to learn more about our events and how you can participate.

Carry The Load/Carry The F.L.A.G.  
Answer Key  
Middle School F.L.A.G. Students

1. Memorial Day was established for what reason? **To honor the men and women killed in the service of their country**
2. What procedures do you follow on raising the U.S. flag on Memorial Day? **In the morning, raise briskly to the top of the pole then lower slowly to the midway point of the pole. At noon raise to the top of the pole. At the end of the day lower the flag slowly and remove.**
3. What was the original name used before it was changed to Memorial Day? **Decoration day**
4. What year was Memorial Day established by Congress to be celebrated on the last Monday of May? **1968**
5. What year did the law go into effect? **1971**
6. What happens at 3:00 pm on Memorial Day? **A national moment of remembrance**
7. What does a Blue Star displayed on the window of a family's home represent? **A living family member serves in the armed forces**
8. What does a Gold Star displayed on the window of a family's home represent? **A deceased family member served in the armed forces**
9. What is the name of the organization that the Gold Star is named in honor of? **Gold Star Mothers, Inc**
10. What day is the national observance of this Gold Star organization? **Sept 30**
11. What date was this Gold Star organization created? **June 4, 1928**
12. After what war was this Gold Star organization created? **WWI**
13. What color must not be exposed on a properly folded U.S. flag? **Red**
14. What state joined the Union as the 14<sup>th</sup> star on the U.S. flag? **Vermont**
15. How many rooms does the White House have? **132**
16. What city is the home to Fort McHenry? **Baltimore, MD**
17. What is the official height of a flag pole on a military installation? **50 feet**
18. What is our country's oldest military branch of service? **Army**
19. How many children did George Washington have? **2 step-children**
20. What president had the most children? **John Tyler – 15 Children**
21. What Boy Scout went on to become a U.S. president? **John F. Kennedy**
22. What Eagle Scout went on to become a U.S. president? **Gerald Ford**
23. What does a U.S. flag being flown upside-down indicate? **Sign of distress**
24. What date was America's first fifty star flag raised? **July 4, 1960**
25. Where was our country's first fifty star flag raised? **Ft. McHenry, Baltimore MD**
26. When a state joins the Union when does a star get placed on the canton to represent the state? **The following 4<sup>th</sup> of July**
27. How many U.S. flags surround the Washington Monument? **50**
28. What year did the Star Spangled Banner officially become the U.S. National Anthem? **1931**
29. What year did the Statue of Liberty become a national monument? **1924**
30. What president was in office when the Statue of Liberty became a national monument? **Coolidge**
31. When President Lincoln's body was transported to Illinois for burial, what other deceased body was on the same train? **His son Willie**
32. What organization officially gave the patriotic observance its name of Memorial Day? **American Legion**
33. Who is the only president to be sworn into office by his father? **Coolidge**
34. What is the last word in the Pledge of Allegiance? **All**

35. Who is the only president to have served as an enlisted man without going on to the officer corps? **James Buchanan**
36. How many siblings did President John F. Kennedy have? **8**
37. Who was the last president born in a log cabin? **Garfield**
38. What president never attended a day of school? **Andrew Johnson**
39. Who is the only president to become Chief Justice of the United States of America? **Taft**
40. What president appointed the above mentioned individual to the Supreme Court? **Harding**
41. Who is the only president buried in Washington, D.C.? **Woodrow Wilson**
42. Who was the first president born a United States citizen? **Martin Van Buren**
43. How many presidents have been assassinated? **4**
44. Name the presidents that have been assassinated. **Lincoln, Garfield, McKinley, Kennedy**
45. Who was the first president born in a hospital? **Jimmy Carter**