

Carry The Load/Carry The F.L.A.G.
High School Curriculum

Carry The Load is a registered 501(c)(3) non-profit that seeks to provide an active way to honor and celebrate our nation's heroes by connecting Americans to the sacrifices made by Military, Law Enforcement, Firefighters and First Responders. The Carry the F.L.A.G. program was created to educate our nation's youth about the history of the United States Flag and the sacrifices made by our nation's heroes to honor it.

F.L.A.G. is an acronym for Fly, Lower And Gather.

The Carry The F.L.A.G. program consists of a sponsor/volunteer and a minimum of 25 students that commit to honor the Flag throughout the school year. The club will form teams with at least 5 students per team that will rotate throughout the school year taking responsibility of raising, lowering, and gathering the flag each day. The club will also meet once a month to explore the history of our flag and learn proper etiquette to raise, lower and gather the flag. Each student will complete the answers to five questions a month. The participating F.L.A.G. Club members will be quizzed on all 45 questions at the end of the school year and will be required to achieve a 90% grade on their test. At the end of the school year, successful active participants will be awarded the F.L.A.G. Club Citizenship award and a U.S. flag lapel pin.

Clubs may also choose from one of the following suggested activities:

Educate Others

Show others the proper way to honor our flag. Post on social media a picture or video of your team raising, lowering, or folding the Flag with #Carrytheflag

Create Awareness

Participate in National Moment of Remembrance on Memorial Day--At 3:00 p.m., pause for a moment of silence to honor those who have sacrificed for our country.

Actively Honor our Heroes

Carry The Load asks for Americans to simply do something in the month of May, and over Memorial Day weekend, to honor those who have sacrificed for us. Participants are encouraged to form teams to walk in respect for the fallen. Teams are also encouraged to fundraise to help further the mission of educating and creating awareness of the sacrifices our nation's heroes make for our freedom. There are four ways Americans can participate in Carry The Load events. They are National Relays, Memorial March Event, City Rallies and Carry It Home. Please click [here](http://www.carrytheload.org) or go to www.carrytheload.org to learn more about our events and how you can participate.

Carry The Load/Carry The F.L.A.G.
Answer Key
High School F.L.A.G. Students

1. Memorial Day was established for what reason? **To honor the military men and women who were killed in the service of our country**
2. What procedures do you follow on raising the U.S. flag on Memorial Day? **In the morning raise briskly, and then lower to midway point of the pole. At noon raise the flag to the top of the pole. At the end of the day lower the flag slowly and remove.**
3. What was the original name used before it was changed to Memorial Day? **Decoration day**
4. What year was Memorial Day established by Congress to be celebrated on the last Monday in May? **1968**
5. What year did the law go into effect? **1971**
6. What happens at 3:00 pm on Memorial Day? **A moment of remembrance**
7. What does a Blue Star displayed on the window of a family's home represent? **A living family member is serving in the armed forces**
8. What does a Gold Star displayed on the window of a family's home represent? **A deceased family member served in the armed forces**
9. What is the name of the organization that the Gold Star is named in honor of? **Gold Star Mothers Inc**
10. What day is the national observance of this Gold Star organization? **Last Sunday in September**
11. What date was this Gold Star organization created? **June 4, 1928**
12. After what war was this Gold Star organization created? **WWI**
13. Who was the youngest person to assume the office of the President of the U.S.? **Teddy Roosevelt**
14. Who was the youngest person elected to the office of the President of the U.S.? **John F. Kennedy**
15. What president started the tradition of throwing out the first baseball? **Howard Taft**
16. What president had a sixteen year old son die of a foot blister (poisoning) due to playing tennis? **Calvin Coolidge**
17. What year did U.S. senators get voted by the people instead of the legislators? **1914**
18. Who was the only president to resign from office? **Richard Nixon**
19. What year did this president resign from office? **1974**
20. Who was the first president to visit another country? **Teddy Roosevelt**
21. What country did this president visit? **Panama**
22. What play did President Lincoln attend at Ford's Theatre on April 14, 1865? **Our American Cousin**
23. Who is the only president born on the 4th of July? **Calvin Coolidge**

24. Which two presidents passed away on the 4th of July in the same year? **Jefferson/ John Adams**
25. What two future presidents signed the Declaration of Independence? **Jefferson/John Adams**
26. Which president had the Oval Office added to the White House? **Taft**
27. Which president added the bowling alley to the White House? **Nixon**
28. How many rows of stars are there on the flag's canton? **9**
29. How many rooms are there in the White House? **132**
30. What was in progress when Taps was written and played? **Civil war**
31. What year was Taps first played? **1862**
32. What first lady started the annual Easter Egg Hunt held at the White House? **Lucy Hayes**
33. What two presidents are buried in Arlington National Cemetery? **Taft/Kennedy**
34. Who is the only president buried in Washington, D.C. ? **Woodrow Wilson**
35. How many vice-presidents became president due to the death or resignation of the president? **9**
36. How many persons have been state governors prior to being elected president? **20**
37. Which president had a candy bar named after his daughter? **Grover Cleveland**
38. Who was the only president to be married in the White House? **Grover Cleveland**
39. Which modern day president had no college degree? **Truman**
40. How many presidents graduated from a military academy? **3**
41. Name the presidents that graduated from the military academies. **Grant, Eisenhower, Carter**
42. Who was the only president to return to Washington, D.C. after his presidency as a State Senator? **Andrew Johnson**
43. Which first lady was the first to have a college education? **Lucy Hayes**
44. Which two persons were once college presidents prior to being elected president? **Woodrow Wilson and Dwight Eisenhower**
45. What were the two colleges? **Wilson-Princeton University Eisenhower-Columbia University**