

Carry The Load/Carry The F.L.A.G.  
High School Curriculum

Carry The Load is a registered 501(c)(3) non-profit that seeks to provide an active way to honor and celebrate our nation's heroes by connecting Americans to the sacrifices made by Military, Law Enforcement, Firefighters and First Responders. The Carry the F.L.A.G. program was created to educate our nation's youth about the history of the United States Flag and the sacrifices made by our nation's heroes to honor it.

F.L.A.G. is an acronym for Fly, Lower And Gather.

The Carry The F.L.A.G. program consists of a sponsor/volunteer and a minimum of 25 students that commit to honor the Flag throughout the school year. The club will form teams with at least 5 students per team that will rotate throughout the school year taking responsibility of raising, lowering, and gathering the flag each day. The club will also meet once a month to explore the history of our flag and learn proper etiquette to raise, lower and gather the flag. Each student will complete the answers to five questions a month. The participating F.L.A.G. Club members will be quizzed on all 45 questions at the end of the school year and will be required to achieve a 90% grade on their test. At the end of the school year, successful active participants will be awarded the F.L.A.G. Club Citizenship award and a U.S. flag lapel pin.

Clubs may also choose from one of the following suggested activities:

**Educate Others**

Show others the proper way to honor our flag. Post on social media a picture or video of your team raising, lowering, or folding the Flag with #Carrytheflag

**Create Awareness**

Participate in National Moment of Remembrance on Memorial Day--At 3:00 p.m., pause for a moment of silence to honor those who have sacrificed for our country.

**Actively Honor our Heroes**

Carry The Load asks for Americans to simply do something in the month of May, and over Memorial Day weekend, to honor those who have sacrificed for us. Participants are encouraged to form teams to walk in respect for the fallen. Teams are also encouraged to fundraise to help further the mission of educating and creating awareness of the sacrifices our nation's heroes make for our freedom. There are four ways Americans can participate in Carry The Load events. They are National Relays, Memorial March Event, City Rallies and Carry It Home. Please click [here](http://www.carrytheload.org) or go to [www.carrytheload.org](http://www.carrytheload.org) to learn more about our events and how you can participate.

Carry The Load/Carry The F.L.A.G.  
Answer Key  
Elementary School F.L.A.G. Students

1. What colors can be found in our national flag? **Red, White, & Blue**
2. What does the red represent? **Hardiness and Valor**
3. What does the white represent? **Purity and Innocence**
4. What does the blue represent? **Vigilance**
5. What formation were the stars placed in our first flag? **Circle**
6. What did this formation represent? **No colony above the other**
7. What was the original color of the President's mansion? **Grey**
8. What president had it painted completely white and what president named it the White House? **Truman/  
T. Roosevelt**
9. What war forced us to rebuild the President's mansion? **1812**
10. What country was America at war with when the President's mansion was burned and damaged? **Great Britain**
11. What year did Congress pass a bill redesigning the American flag with 13 stripes and the number of stars to represent the states? **1818 – 15 stripes**
12. How many red stripes are there on the American flag? **7**
13. How many white stripes are there on the American flag? **6**
14. What is the technical term for the blue part of the American flag? **canton**
15. What is the ball on top of the flag pole called? **truck**
16. What three items were said to be found inside the "ball" on top of the flag pole? **Bullet, razor blade and match**
17. What military branch of the U.S. created the legend of the ball and its contents? **Army**
18. What is the procedure called when the American flag is first raised for the day? **reville**
19. What is the procedure called when the American flag is lowered for the day? **retreat**
20. Memorial Day was established for what reason? **To honor men and women killed in the service of our country**
21. What procedures do you follow on raising the U.S. flag on Memorial Day? **Raise the flag briskly to the top and then slowly to the midway point of the pole. At noon the flag is raised back to the top of the pole and at end of day it is lowered slowly and removed.**
22. What was the original name used before it was changed to Memorial Day? **Decoration Day**
23. What year was Memorial Day established by Congress to be celebrated on the last Monday of May? **1968**
24. What year did this law go into effect? **1971**
25. What happens at 3:00 pm on Memorial Day? **Moment of Remembrance**
26. What does a Blue Star displayed on the window of a family's home represent? **A living family member that is currently serving in the armed forces**
27. What does a Gold Star displayed on the window of a family's home represent? **A deceased family member that served in the armed forces**
28. What is the name of the organization that the Gold Star is named in honor of? **Gold Star Mothers, Inc.**
29. What day is the national observance of this Gold Star organization? **Sept 30**
30. What date was this Gold Star organization created? **June 4, 1928**
31. After what war was this Gold Star organization created? **WWI**
32. What is the tune called that is played at most military funerals? **Taps**

33. What state was the Pledge of Allegiance first recited? **Ohio**
34. What year was the Pledge of Allegiance first recited? **1892**
35. Who wrote the Pledge of Allegiance? **Francis Bellamy**
36. How many times has the Pledge of Allegiance been changed? **3**
37. What years did the changes to the Pledge of Allegiance take place? **1923,1924,1954**
38. What president was responsible for the last change to the Pledge of Allegiance? **President Eisenhower**
39. What was the change? **Added "under God"**
40. Who wrote the Star Spangled Banner? **Francis Scott Key**
41. What date was the Star Spangled Banner written? **September 1814**
42. What was the name of the American fort that the British were bombarding when the Star Spangled banner was written? **Fort McHenry**
43. What was the original name of the Star Spangled Banner? **The defense of Ft. McHenry**
44. What were the dimensions of the American flag was flown during this bombardment and how many stars did it have? **30x42 15 stars**
45. A properly folded American flag will always represent what patriotic symbol? **Minuteman hat**